



Maratha Vidya Prasarak Samaj's

Karmaveer Shantarambapu Kondaji Wavare

Arts, Science & Commerce College, Uttamnagar, CIDCO, Nashik-422008.

Affiliated to Savitribai Phule Pune University, Pune

Id.No.PU/NS/ASC/047/1993

NAAC Reaccredited 'A' grade (CGPA 3.20 III Cycle)

AISHE : C-42086

Best College Awarded by SPPU 2009 & 2022

Website: www.cidcocollegenashik.ac.in

Email: cidcocollegenashik@rediffmail.com



Internal Quality Assurance Cell (2021-2022)

Report of Event/ Programme

Name of the Department/ committee	Department of Physical Education & Sports		
Name of the Coordinator	Dr. Minakshi Gawali		
Title of the Event/ Programme	Basic Yoga Certificate Course		
Date /Period of Event/ Programme	19 th April 2028 to 30 th April-2018		Period of Event- 12 Days
Objective of the event/Programme	<p>Yoga education helps in self discipline and sel-control, leading to immense amount of awareness, concentration and higher level of consciousness. Briefly the aims and objectives of Yoga education are:</p> <ol style="list-style-type: none"> 1) To enable the student to have good health. 2) To practice mental hygiene. 3) To possess emotional stability. 4) To integrate moral values. 5) To attain higher level of consciousness. <p>Yoga education could help to equip oneself with basic knowledge about one's personality, to learn to handle oneself well in all life situations, to learn techniques of gaining good health, to develop a discriminative mind capable of knowing the real from the unreal and to face the dualities of life with equanimity.</p>		
Sponsored Agency /Institute	KSKW Arts, Science & Commerce College, Cidco, Nashik District Sports Office, Nashik, Yogik Science Association, Nashik		
No. of the Teacher involved in organizing activity-	Male :0	Female :1	Total : 1
No. of the Students involved in organizing activity-	Male :	Female :	Total :
Total involved in organizing activity-	Male :0	Female :1	Total :1
No. of the Participant- Students	Male :29	Female :64	Total :93
No. of the Participant- Teachers	Male :	Female :	Total :
No. of the Participants other than Teachers/ Students	Male :	Female :	Total :
Total Participants-	Male :29	Female :64	Total :93
Name of the Expert /Invitee/Lecturer (With Designation, Contact, Address & email etc.)	<ul style="list-style-type: none"> - Mr. Ravindra Naik, District Sports Officer - Dr. Dilip Shinde, Principal, KSKW College CIDCO Nashik - Dr.Minakshi Gawali KSKW College CIDCO Nashik 		
Impact of extension activities in sensitizing students to social issues and holistic development.(Two lines)	- To help people in need & distress		
Outcome of the activity	Yoga Education could help to equip oneself with basic knowledge about one's personality, to learn to handle oneself well in all life situations, to learn techniques of gaining good health, to develop a discriminative mind capable of knowing the real from the unreal and to face the dualities of life with equanimity		
Venue of the Event/ Programme	KSKW Arts, Science & Commerce College, Cidco, Nashik		



Minakshi

Dr. Minakshi H. Gawali
Director of Physical Education
& Sports Coordinator

Pawar

Dr. D.N. Pawar
IQAC, Coordinator

Dilip

Dr. Dilip Shinde
Principal

योग प्राथमिक सर्टिफिकेट कोर्स
जिल्हा क्रीडा अधिकारी कार्यालय व के.एस.के.डब्ल्यू महाविद्यालय सिडको
 यांच्या संयुक्त विद्यमाने आयोजित योग प्राथमिक सर्टिफिकेट कोर्स कालावधी

१९ एप्रिल ते ३० एप्रिल २०१८

Sr .No	Participant In Class	Mobile No	Certificate No	Remark
1	Mohammad Arif Khan	9422763710	1	A
2	Dr. Sarika Prabhakar Jagtap	9923087616	2	A
3	Vijayta Vikas Pawar	9022523499	3	A
4	Ypgita Pankaj Kumavat	9561117995	4	A
5	Shekh Nargis Mushtak	8668608136	5	A
6	Sarangsingh Santoshsingh Bisen	9421213557	6	A
7	Jagdish Shamrao Mahurle	9021213231	7	A
8	Hina Husen Saiyad	7744892533	8	A
9	Dr.Rana Imran Saudagar	9881694902	9	A
10	Kalpana Dattatray Malode	9325451831	10	A
11	Patil Hemlata Vasantrao	9860309723	11	A
12	Shaila Devram Sathe	989016530	12	A
13	Dr.Pratibha Ganpat Loke	9970431175	13	A
14	Bhamber Jayesh Rajendra	8805508593	14	A
15	Sultan Shekh Ashfak	9220475765	15	A
16	Aditi Sunil Khalkar	9405594407	16	A
17	Raj Sanjay Mhaske	8805888910	17	A
18	Kureshi Jeba Najir	8087929284	18	A
19	Kasat Somnath Dayaram	9370730310	19	A
20	Shewale Vaishali Pandit	8379988933	20	A
21	Sanjay Nivrutti Kadam	9822543613	21	A
22	Dr.Jayashri Pandharinath Jadhav	9821938856	22	A
23	Sunidhi Sanjay Kadam		23	A
24	Sampada Prakash Deshmukh	7767899940	24	A
25	Manju Narayan Bhalerao	8982385562	25	A
26	Gayatri Mahendra Bagul	8237559677	26	A
27	Shubham Dilip Pagare	8275832224	27	A
28	Ujwal Hemchandra Talele	7350278019	28	A
29	Rahul Anil Chaudhari	9145301160	29	A
30	Priya Praful Anne	9227526988	30	A
31	Shivani Sunil Mule	7387031994	31	A
32	Kajal Pandurang Bharit	7219807048	32	A
33	Priya Ramesh Shinde	9552701080	33	A
34	Birari Neha Dilip	9309130260	34	A
35	Nirmal Sanjay Wagh	9746667627	35	A
36	Sohil Altaf Attar	8208710138	36	A
37	Pratiksha Namdev Andhale	9657493929	37	A
38	Namrata Bhimrav Kale		38	A

39	Ruchita Madhukar Mahajan	7875988732	39	A
40	Shruti Shashikant Thorat	7769006488	40	A
41	Priyanka Santosh Narode	9067146706	41	A
42	Ugale Madhuri Balu	7038743759	42	A
43	Kuvar Neha Eknath	8390521455	43	A
44	Nikam Ankita Ratan	8149887784	45	A
45	Aher Saurabh Ramesh	9552448882	46	A
46	Aher Viplav Ramesh	7875222253	47	A
47	Nikam Suvarna Ratan	9156892860	48	A
48	Gawali Sarika Haribhau	7775981858	49	A
49	Chetana Dinesh Sharma	7350179009	50	A
50	Sonika Suresh Bhusal	7588833261	51	A
51	Manish Pawar	7028628733	52	A
52	Sushrit Shrikant More	8888761243	53	A
53	Sweta Dinesh Sharma	9017717991	54	A
54	Sopan Babasaheb Tanpure	9561413902	55	A
55	Dr. Jaydip Nikam	9422170150	56	A
56	Anilkumar Aher	8275587223	57	A
57	Dr.Pradnya Vaidhya		58	A
58	Suraj Prakash Deshmukh	9595654539	59	A
59	Trupti Borad	9823313259	61	A
60	Amruta Vasant Borse	9284715303	62	A
61	Shaikh Saniya Mukhtar	9511949853	63	A
62	Sunny Udaybhan Ray	9762823251	64	A
63	Patil Hemant Madhavram	9404984073	65	A
64	Shinde Kailas Savliram	9403005137	66	A
65	Sunil Daulatrav Aher		67	A
66	Hemant Suresh Wagh		68	A
67	Rupali Ashokh Jadhav		69	A
68	Hemant Kautik Kale	9850964039	70	A
69	Rajaram Shankhar Kare		71	A
70	Khushboo Jawed Shaikh	7218962678	75	A
71	Manish Milind Kesarkar	7588304001	76	A
72	Tasmeena Mohamad Shyyed		77	A
73	Shinde Seema Vishwanath	9823169746	78	A
74	Prof. Sangit B.Chavanke	8208438123	79	A
75	Nilima Choudhari	9421563258	80	A
76	Dipali A. Khodade	9604403088	81	A
77	Ranjana Sanjay Patil	7058547298	82	A
78	Kalpana Sunil Ahere	8149427327	83	A
79	Shipa Ajay Deshmukh	9545530055	84	A
80	Madhuri Mandar Phegade	9175114384	85	A
81	Sonail P. Bramhankar	9373137575	86	A
82	Sarika D. Barkale	9225737373	87	A
83	Mugdha Rajesh Patil	7720048198	88	A
84	Bhagyashree D. Barkale	8806595623	89	A
85	Anita Namdeorao Aher	8390830723	90	A

86	Dr.Smita N. Pakdhane	8888056767	91	A
87	Harshali M. Verulkar	9421513362	92	A
88	Dr. Manisha N. Patil	9822334346	93	A
89	Prof.Harshali B. Patil	8975223380	94	A
90	Anita D. Karankal	9158958799	95	A
91	Punam Rajendra Gosavi	9545206761	96	A
92	Surekha Sanjay Patil	7773996038	97	A
93	Vandana Sonawane		98	A



प्राचार्य
डॉ. दिलीप बी. शिंदे
एम.कॉम., एम.फील., डी.टी.एल., पीएच.डी.

मराठा विद्या प्रसारक समाजाचे,
कर्मवीर शांतारामबापू कोंडाजी बावरे
कला, विज्ञान व वाणिज्य महाविद्यालय, सिडको

उत्तमनगर, नाशिक - ४२२ ००८. (महाराष्ट्र)
सावित्रीबाई फुले पुणे विद्यापीठाशी संलग्न : आयडी नं.पी.यु./एन.एस./ए.एस.सी/०४७/१९९३
* नॅक पुनर्मूल्यांकन 'अ' श्रेणी सीजीपीओ ३.२० (थर्ड सायकल) *
ज्यु कॉलेज इंडेक्स नं.- १३.१७.१८

सावित्रीबाई फुले पुणे विद्यापीठाचा सर्वोत्कृष्ट महाविद्यालय पुरस्कार

जावक क्र. : 139/2018-19

दिनांक : ०८/०३/२०१८

प्रति,
मा.जिल्हा कीडा अधिकारी सो.,
नाशिक.

विषय :- बेसिक योगा सर्टिफिकेट कोर्सचे आयोजन महाविद्यालयात देणेबाबत.....

महोदय,

उपरोक्त विषयान्वये आमच्या महाविद्यालयात बेसिक योगा सर्टिफिकेट कोर्स आयोजनासाठी संधी मिळावी योगा सर्टिफिकेट कोर्स उत्कृष्टपणे पार पाडण्यासाठी आमच्याकडे आवश्यक ती सुविधा उपलब्ध आहे. तरी आपण आमच्या महाविद्यालयात कोर्स आयोजनाची संधी द्यावी ही नम्र विनंती.

कळावे,

आपला विश्वासू

(डॉ. दिलीप शिंदे)
प्राचार्य



महाराष्ट्र शासन

जिल्हा क्रीडा अधिकारी कार्यालय, नाशिक

छत्रपती शिवाजी स्टेडिअम, हुतात्मा स्मारकाचे मागे, नाशिक - दुरध्वनी क्र. - 2577719

Email ID : - dsonashik2013@gmail.com

जा.क्र. जिक्रीअ/योगा/योजना/2018

दि. 2/5/2018

प्रति,

मा. प्राचार्य
के.एस.के.डब्ल्यु महाविद्यालय, सिडको,
नाशिक

विषय : बेसिक योग सर्टिफिकेट कोर्स बाबत..

महोदय/महोदया,

उपरोक्त विषयान्वे महाराष्ट्र शासना चे जिल्हा क्रीडा अधिकारी कार्यालया मार्फत व आपल्या मराठा विद्याप्रसारक समाज संस्थेच्या के.एस.के.डब्ल्यु. महाविद्यालयाच्या संयुक्त विद्यमाने बेसिक योगा सर्टिफिकेट कोर्स दिनांक १९ एप्रिल ते २९ एप्रिल २०१८ या कालावधीत आपल्या महाविद्यालयाच्या डॉ. मिनाक्षी गवळी (क्रीडा संचालक) यांचे मार्गदर्शनाखाली यशस्वीरित्या संपन्न झाला, या बदल महाराष्ट्र शासनाच्या जिल्हा क्रीडा अधिकारी कार्यालयाच्या वतीने आपले व आपल्या महाविद्यालयाचे हार्दिक अभिनंदन..

या पुढेही असेच सहकार्य आपल्या महाविद्यालयाच्या वतीने मिळावे अशी अपेक्षा...

धन्यवाद ..

आपला

(रविंद्र नाईक)

जिल्हा क्रीडा अधिकारी
नाशिक



सत्यमेव जयते
Government of Maharashtra



**DISTRICT SPORTS OFFICE NASHIK &
K. & K. W. COLLEGE UTTAMNAGAR, CIDCO**



Jointly Organised

YOGA CERTIFICATE COURSE



This is to certify that Shree / Smt. Priyanka Santosh Narode
has successfully completed 'Basic Yoga Certificate Course' held at K. & K. W. College, Uttamnagar,
Cidco, Nashik. from 19/4/2018 to 29/4/2018. He / She secured 71
in this course.

Dr. Minakshi Gawali
Co-ordinator

Dr. Dilip Shinde
Principal

Ravindra Naik
District Sports Officer Nashik