



MARATHA VIDYA PRASARAK SAMAJ'S

KARMAVEER SHANTARAMBAPU KONDAJI WAVARE

ARTS, SCIENCE & COMMERCE COLLEGE, UTTAMNAGAR, CIDCO,
NASHIK- 422008.

NAAC Reaccredited 'A' Grade (CGPA: 3.18)



HEALTH AUDIT REPORT (2019-20)

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Preface

Data collection for Health audit of the MVP'S KSKW Arts, Science and Commerce College, Uttamnagar, CIDCO, Nashik-08 was conceded by a Medical team of Doctors from MVP's Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik for the period of June 2019 to June 2020.

This audit was over sighted to inquire about the general health screening check up of the enrolled students of all levels. Students Health Audit is done by the MVP's K.S.K.W. Arts, Science & Commerce College, CIDCO, Nashik with the collaboration of Maratha Vidya Prasarak Samaj's Dr. Vasantrao Pawar Medical College Hospital & Research Centre, Adgaon, Nashik. The team of doctors came for one week from 20th August 2019 to 27th August 2019. They did the General Health Screening check up of students. Total 1488 (949 Girls, 539 Boys) students of UG as well PG have gone through the general health screening check up and final diagnosis done at MVP's Dr. Vasantrao Pawar Medical Hospital & Research Centre, Adgaon, Nashik for referred students and may need further investigation.

The institute constitutes a Medical Inspection Committee every year. The committee looks after the issues of health like general health screening check up, along with that the related issues of cleanliness and hygiene in college.

We really appreciate Management of the college for encouraging us by providing this wonderful opportunity to do the Student Health audit.

Acknowledgement

We are very much thankful to Principal Dr. J.D. Sonkhaskar and IQAC coordinator, for motivating us and giving us the opportunity for a Students Health Audit.

We would like to express our sincere thanks to Dr. Balaji Almale, Professor & HoD Department of Community Medicine and the Team of Medical Officers of MVP's Dr. Vasantrao Medical College, Hospital & Research Centre, who came to the college regularly for seven days during 20th August 2019 to 27th August 2019 and did the check up of 1488 students.

About the Institute



MVP Samajs, KSKW Arts, Science and Commerce College, CIDCO, Nashik (Maharashtra) is committed to provide higher educational opportunities to socially under-privileged and financially weaker sections of the society.. The College offers 22 UG and 09 PG courses affiliated to the Savitribai Phule Pune University, Pune. For the effective implementation of the curricula, a meticulous action plan is developed and deployed. Teaching plans are prepared and followed according to the time table. For the better teaching practices, teachers participate in workshops on Curriculum Restructuring, Training Programmes and Special Guidance on ICT based Teaching Technology. Eminent scholars are invited to enlighten the faculty as well as students. Career Oriented/ Placement Activity is conducted to orient students towards employment market. The College has established MOU's, Linkages and Collaborations with Industries, Research Bodies and other Universities for good academic prospectus. A good number of faculty members are working on Editorial Boards of various International Journals. Experienced faculty members participate in the procedure of curriculum design & development. Some faculty members are elected /nominated on BOS and other committees of S P Pune University, Pune.

About MVP's Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Adgoan, Nashik



The vision of late Dr. Vasant Rao Pawar has materialized in the form of Dr. Vasant Rao Pawar Medical College Hospital & Research Center, Adgaon, Nashik. The hospital has flourished into 1000 bedded modern well equipped super specialty hospital with ISO 2008 certification. The hospital offers services in all specialties, the details of which are available on our web site. Of special importance are 24-hour emergency services, central lab emergency service which includes Central Laboratory, Pathology, Radiology, Blood Bank, 24 hr Pharmacy, Eye Bank & modern well-equipped Ambulance services. There are 12 modern well equipped Air-conditioned Operation Theaters. The main super specialty services include a modern Cath Lab, with Coronary Angiography & Angioplasty services & a modern Dialysis center, CT-MRI machines.

All the above mentioned services are available under able guidance and supervision of specialty and super specialists in all branches of medicine & surgery listed on our website. All the above services are available at extremely affordable rates. Besides, the hospital is empanelled for cashless services to employees and staff of Maharashtra Police, ESIC, Security Press, and Currency Note Press. The hospital also provides services under “Mahatma Jyotiba Phule Jan Arogya Yojana”. I sincerely appeal on behalf of our

Sarchitnis Hon. Smt. Nilimatai Vasantrao Pawar and Dean Dr. (Mrs) Mrunal Patil, to all citizens of Nashik District, to take advantage of the available facilities and help us render our services to all including the poor and needy.

Dr. VPMCH & RC Nashik has a well equipped tertiary care hospital with 1000 beds serving the community. Patients from urban, rural, and tribal areas of North Maharashtra come to the hospital for health care services that are rational and affordable. With its state of the art technology, the latest equipment & team of experienced clinicians and support staff, it is a landmark in the medical field.

Hospital spans over 4 lakh square feet area and has well equipped OPDs, IPDs, Specialty Clinics, 16 Operation Theaters, Dialysis Unit, ICU, TICU, PICU, NICU, Cath Lab and CVTS OT dedicated to the service of humanity.

Excellent facilities of the hospital include 128 slice CT Scan, 1.5 Tesla MRI, Colour Doppler, USG, X-ray, 2D ECHO, Mammography, Computerized Central Laboratory, Blood Bank, Eye Bank, Pharmacy, and Ambulance services which are available round the clock.

BMW (Bio-Medical Waste) Management guidelines are strictly followed in the hospital.

Our hospital provides the following services FREE to the patients:

- Free OPD Registration
- Free IPD
- Free Normal & Cesearian section delivery
- Free Immunization services
- Free Generic Medicines for IPD
- Free Food for IPD patients

Following facilities have Nominal charges:

- Diagnostic- Laboratory & Imaging services
- Intensive Care Unit services
- Dialysis services

Objectives

The Institute firmly believes that with a safe, clean environment as well as healthy working conditions, social justice and economic growth cannot be achieved and that safe and healthy working environment is recognized as a fundamental human right. Seeking this belief we try to achieve the healthy atmosphere among our students. The general objectives of the health audit can be:

- To do the general health checkup of the students
- To make awareness to health among students
- To avail the health facilities to the students
- To create healthy and happy environment in the Institute

Methodology

The present audit has done in two ways:

- a) In Campus
- b) Off Campus

In Campus

A) General Health Screening Check up

The Institute has arranged a general health checkup through the collaboration with MVP's Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik. The team of the doctors have used the following Screening tools

- A. Defects at Birth
- B. Deficiency
- C. Diseases
- D. Developmental Delays and Disability
- E. Adolescent Health Concerns

In this health checkup if any severe problem is observed the case is sent to the MVP's Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik for further diagnosis and treatment.

B) Organization of State level webinar on Health Awareness

C) Off Campus

The Institute has adopted the village Girnare under Unnat Bharat Abhiyaan. In this village, we have done the survey of nearly 143 families. In it the general health issues are raised in the form of questionnaires.

A) General Health Screening Check up

- The health check up of the students has been done during 20/08/2019 and 27/08/2019
- The medical team of doctors from MVP's Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Adgoan, Nashik did the screening check up of the students.
- To implement all the medical health check up the team of college staff had also been employed to carry out the campaign smoothly.
- The check up done by the team of doctors are purely general health screening and those students who were found with some severe issues related to their health were referred for diagnosis at MVPs Dr. Vasantrao Pawar Medical College Hospital & Research Centre, Adgaon, Nashik

- Initially student's preliminary particulars like weight, height, BMI, BP were recorded.
- Then the health check up was done by using following screening tools.
 - a. Defects at birth:** Under these screening students were observed for any visible defect like cleft lip/palate, club foot, Down's syndrome, cataract etc.
 - b. Deficiency:** under this screening the observation regarding severe anemia, vitamin A deficiency, vitamin D deficiency, Goitre, Oedema of both the feet has been observed by the doctors.
 - c. Diseases:** The observation and screening regarding to convulsive disorders, Otitis Media, Dental conditions, Skin condition, rheumatic heart disease, TB, Asthma has been done by the doctors.
 - d. Developmental delays:** Under this screening tool the students history regarding delay in walking, difficulty in seeing either during the day or night, has been enquired .The information of the students if they have any convulsive disorders like Fits, sudden jerks or spasms of arms, legs, or whole body has been recorded. It has also been observed if they have any difficulty in reading, writing, listening, or speaking, if they have any difficulty in learning new

things or even the difficulty in sustaining attention on activities at school, home or play.

e. Adolescent Specific Questionnaire: The students are asked questions

- If they find it difficult to handle things resulted from changes occurring in their body.
 - If they can say NO and leave the place when their friends pressurize them to smoke or drink
 - If they feel unduly tired early in the morning or if they feel depressed most of the time.
 - The female students were asked questions about menstrual cycle if it is regular, if it is so painful, if they have any pain or burning sensation while urinating, and are there any discharge / foul smelling from genitor-urinary area.
- The doctors using the above screening tools observed and checked the students and those who have any severe disorder were further diagnosed at MVPs Dr. Vasantrao Pawar Medical College Hospital & Research Centre, Adgaon, Nashik.

Total Number of students went under general screening test during 20/08/2019 and 27/08/2019

SR. NO.	CLASS	MALE	FEMALE	TOTAL
1.	FYBA	66	44	110
2.	SYBA	26	48	74
3.	TYBA	37	70	107
4.	FYBCOM	135	275	410
5.	SYBCOM	66	121	187
6.	TYBCOM	41	128	169
7.	FYBSC	25	52	77
8.	SYBSC	33	57	90
9.	TYBSC	37	56	93
10.	BCS	26	31	57
11.	BVOC	11	07	18
12.	MA	13	26	39
13.	MCOM	06	27	33
14.	MSC	17	07	24
	TOTAL	539	949	1488

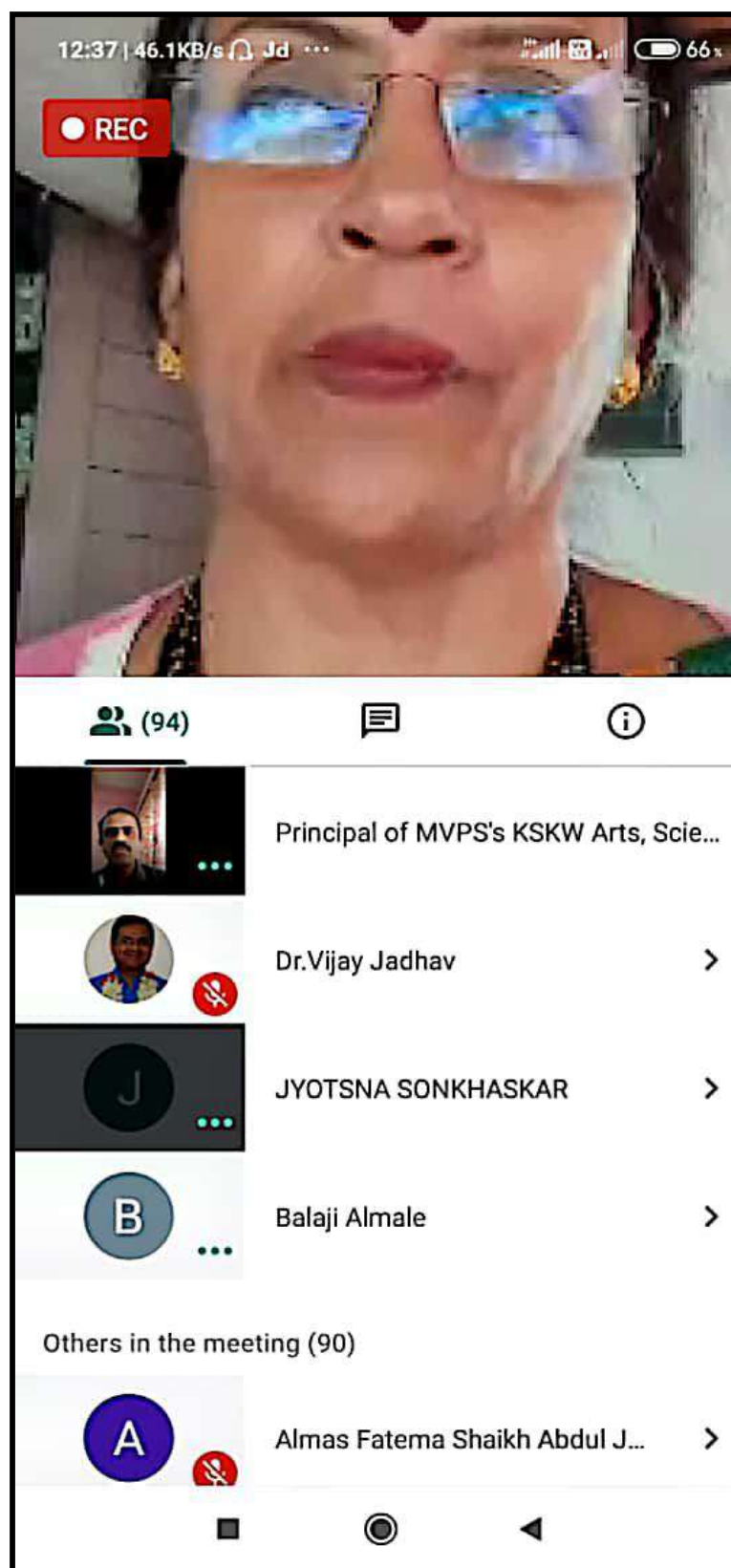
Out of the above generally screened students around 16 students were recommended the further diagnosis at Dr. Vasantrao Pawar Medical College Hospital & Research Centre, Adgaon, Nashik.

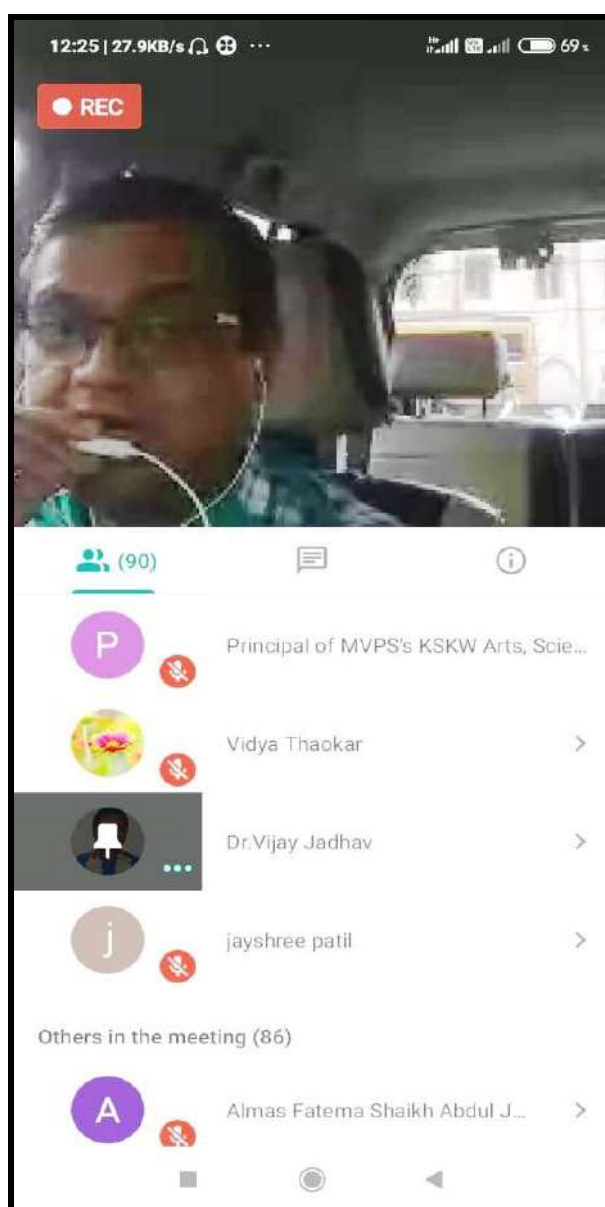
SR NO	NAME OF THE STUDENT	CLASS	REMARK
01	Pawar Namrata Suresh	SYBA	Low HB
02	Kajal Sham Tiwari	SYBA	eyes
03	Dagale Sonali Kalu	TYBA	Prescribed Meftal spa
04	Pawar Shital Vijay	SYBA	Prescribed Meftal spa
05	Snjana Sanjay Bagul	TYBA	Refer to dermatology
06	Birari Neha Dilip	TYBA	Prescribed tablets
07	Sheikh Bushra Haroon	SYBA	Refer to OBGY
08	Marsale Priyanka Lotun	SYBA	Skin Refer to Dermatology
09	Ghodke Ashwini Sudhakar	TYBCOM	Skin Refer to Dermatology
10	Bonate Neha Vittal	TYBCOM	Irregular periods
11	Gadah Vaishnavi Arjun	TYBA	Refer
12	Nandan Neha Sham	FYBSC	Refer
13	Thakur Sapna Sarvesh	FYBSC	Anemia
14	Priya Jayendra Swami	TYBCOM	Period issues
15	Patil Kaveri Vikas	FYBSC	Low HB
16	Chaudhari Sahil Ashkulla	TYBA	Refer

B) Organization of State level webinar on Health Awareness

Name of the Department/committee	Microbiology, IQAC & MVP Samaj's Dr. Vasant Rao Pawar Medical College in collaboration with Public Health Department
Name of the Coordinator	Dr. Smt. M. S. Girase & Dr. D. N. Pawar
Title of the Event/Programme	State level webinar on Health Awareness
Date /Period of Event/Programme	Date: 01/06/2020 to 06/06/2020 Time: 11.00a.m. to 1.00p.m.
Objective of the event/Programme	<ul style="list-style-type: none">• To provide first aid training for saving life of road accidents victims.• To provide emergency care for Trauma and cardiac arrest patients• To make aware of emergency measures after Animal bites and burns.
Sponsored Agency /Institute	Karmaveer Shantarambapu Kondaji Wavare Arts, Science & Commerce College ,CIDCO, Nashik
Total No. of the Participant	864
Total No. of the Teacher Participant	374
Name of the Expert /Invitee/Lecturer (With Designation, Contact, Address & email etc.)	Inaugurator- Hon. Smt. Nileematai Pawar (Sarchitnis, MVP Samaj, Nashik) President: Hon. Nanasaheb Mahale (Director, MVP Samaj, Nashik) Experts 1)Hon. Dr. Hiralal Pawar (Cardiologist, Hridayakasha Heart & Eye Care Centre, Nashik) 8286349759 2)Hon. Dr. Tushar Shewale (The President Maratha Vidya Prasarak Samaj, Nashik) 9158468585

	3)Hon. Dr. Balaji Almale (Community Medicine, Dr. Vasantao Pawar Medical College, Nashik) 8805827061 4)Hon. Dr. Vijay Jadhav (Associate Professor of Community Medicine, IIMSR Medical College, Jalna)) 9422703389 5)Hon. Dr. Seema Tayade (Gynaecologists, Akola) 9850355116 6)Dr. Nanasaheb Patil (Education Officer Maratha Vidya Prasarak Samaj,Nashik)9922420189 7)Hon. Dr. Vaishali Deshmukh (Pediatrician, Pune) 9822067360 8)Hon. Dr. Richa Shete (SMO, Cooper Hospital, Mumbai) 9)Hon. Dr. N. R. Salampurua (Cosmetic Surgeon, Akola) 9823230733
Venue of the Event/ Programme	Online program during lockdown period





Dr. Smt. M. S. Girase
Coordinator

Dr. D. N. Pawar
IQAC, Coordinator

Dr. J.D. Sonkhaskar
Principal

C) Scan copy of Survey of Girnare Village

Waste Disposal- water disposal is observed in the village. Public lines are used by the people. But in some central places of the village garbage heaps are seen. The drainage system of the village is nicely organized. Open drainage is not observed. Household waste is also organized well. To clean the utensils people have started using washing powder and the cleaning soaps instead of ash and soil.

The use of water from corporations is used mainly for drinking purposes and is utilised for other household purposes also. Some families store water in big cement tanks but some where it is not covered with a lid. Cleanliness is observed in all places including storage water. Water storage tanks kept clean regularly. It is observed that the drawing water is done by taps but in the cases of well water one has to carry it manually. There is no contamination / sediments are found. No method of disinfection is found.

Human Excreta Disposal: Latrine

There are private facilities of latrine. The common latrines are also there in some parts of the village. It is mostly used by the nearby community. Beside the people lives in the pakka houses so their modern houses consist of latrine facilities also. So the number of these houses are comparatively higher than the other houses. It is informed that washing hands after defecation.

Housing - it is observed that the other housing facilities of the village are well organized. Most people live in their own houses but some of them are hiring rented places. Most houses are pukka houses nearly 1000 sq. ft. with a minimum three rooms. Bathrooms are there inside the houses. It is observed that people mostly women do wash the clothes by themselves only inside the house not in the common places like wells and rivers. Mostly LPG gas is used for cooking so there is no issue of smoke made by the wood fuel. So no smoke nuisance is observed in the kitchen. It is observed that the villagers get ample of sunlight naturally. No issue of ventilation is observed.

In Girnare village the main occupation of villages is farming. So it is observed that every farmer is having his own cattle. The battles are kept in a shed properly. Most of them are keeping pets.

Social Cultural Aspect -

Maharashtra state average of 929. Child Sex Ratio for the Girnare as per census is 781, lower than Maharashtra average of 894.

Girnare village has a higher literacy rate compared to Maharashtra. In 2011, literacy rate of Girnare village was 87.59 % compared to 82.34 % of Maharashtra. In Girnare Male literacy stands at 93.24 % while female literacy rate is 81.56 %.

As per constitution of India and Panchayati Raj Act, Girnare village is administrated by Sarpanch (Head of Village) who is elected representative of village.

Findings Based on the Survey Conducted

Living Situation

Area and House Number- As per the information collected by the survey it is observed that almost all the villagers of Girnare have their own residence, whether they live in Kachcha houses or Pukka houses.

Family information- According to the information collected the villagers live in a joint family. It makes a strong bond between the family members. It focuses on the social aspects of the society. It is observed that many families are run by women. We can say that the male dominance is not observed in society. Women are individuals and take responsibilities of their families. The ratio of male and female are negligible. Most of the population of the village is from Other Backward Castes.

Ration Card - maximum residents have orange, yellow, and white ration cards. Some do not have it.

Family Composition- mostly more than four members are there in many families. Average four members are there in each family. Every family's monthly income is above 15,000/-.

Environmental sanitation of Girnare Village-

Water - Water is provided by public corporations, through taps. Some farmers have their own wells. The corporation supply is not moderate. It is intermittent. Those who take water from the wells, they have to walk to fill the water at least 300 m. every day. Well water is not sanitized and not even disinfection done. Water is stored personally in sintex barrels.

Health Audit of Girnare Village

Maratha Vidya Prasarak Samaj's Karmaveer Shantarambapu Kondaji Wavare Arts Science & Commerce College, CIDCO College, Nashik has done the Health audit of the Girnare Village (adopted village under the NSS and Unnat Bharat Abhiyaan). For this audit the college has organized the survey on 5th January 2020. After this health Survey the college has organized the Multi-diagnostic health check-up camp on 22nd January 2020 to solve the health issues of villagers found in the first survey.

Date of visit - 5th January 2020

Survey Done By:

Dr. Smt. M. S. Girase (Head and Associate Professor, Dept of Microbiology, MVP's KSKW Arts, Science & Commerce College, CIDCO, Nashik) **under the guidance of Dr. Balaji Almale** (Head, Community Health Department, MVP Samaj's Dr. Vasantao Pawar Medical College, Hospital & Research Centre, Nashik). NSS Students of the college collected the information of the survey.

According to Census 2011 information the location code or village code of Girnare village is 550954. Girnare village is located in Nashik Tehsil of Nashik district in Maharashtra, India. It is situated 20km away from sub-district headquarter Nashik and 20km away from district headquarter Nashik. As per 2009 stats, Girnare village is also a gram panchayat.

The total geographical area of the village is 1505 hectares. Girnare has a total population of 6,013 people. There are about 1,098 houses in Girnare village. As per 2019 stats, Girnare villages come under Devlali assembly & Nashik parliamentary constituency. Nashik is the nearest town to Girnare which is approximately 20km away.

Girnare is a large village located in Nashik Taluka of Nashik district, Maharashtra with a total 1098 families residing. The Girnare village has a population of 6013 of which 3144 are males while 2869 are females as per Population Census 2011.

In Girnare village the population of children with age 0-6 is 830 which makes up 13.80 % of total population of the village. Average Sex Ratio of Girnare village is 913 which is lower than

The social environment of Girnare village is very good. The inter-relationships of family members with each other with neighbours and relatives are good. The attitude towards immunization is favourable. Knowledge about personal hygiene is satisfactory. Knowledge about disease is communicable and satisfactory.

Diet, Nutrition, Food Hygiene, Nutrition Beliefs:

Maximum people take the vegetarian as well as non- vegetarian food. Major food items in their every meal are dal rice, chapati and vegetables and fruits. It is observed that the people give preference to eating home made food daily. Many people do not have the habit of eating outside. The same diet is given to the children. Very few people are observed suffering from protein energy malnutrition. The number is negligible.


It shows that the nutrition, food hygiene and the nutrition beliefs of the villagers are good and helpful for the living hood.


Outcome Activity of Survey

Based on the observation, our college has organized a Multi Diagnostic Health Checkup Camp through the Department of Microbiology with the joint organization of MVP Samaj's Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Nashik on 22nd January 2020. In this camp the team of specialist Doctors of MVP Samaj's Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Nashik were invited for health check up of villagers and for medical advice.


Dr. Balaji Almale
PROFESSOR & HOD
Department of Community Medicine
Dr. Vasantrao Pawar Medical College,
Hospital & Research Centre, Nashik


Smt. D.S. Suryawanshi
Coordinator


Dr. D. N. Pawar
IQAC Coordinator


Dr. J. D. Sonkhaskar
Principal


Remarks:

Proper diet habit should be inculcated in the students

- The knowledge regarding PCOD, Menstrual Cycle & Hygiene should be imparted to them
- Concentration on personal hygiene and health
- Regular exercise be recommended
- Try to create health awareness amongst the students


PROFESSOR & HOD
Department of Community Medicine
Dr. Vasantrao Pawar Medical College,
Hospital & Research Centre, Nashik



Smt. D.S. Suryawanshi
Coordinator


Dr. D. N. Pawar
IQAC Coordinator


Dr. J. D. Sonkhaskar
Principal

Annexure 1

Scan copy of Specimen forms for medical checkup


Marathi Vidya Prasarak Samaj, Nashik
 School Health Screening cum Referral form
 (Students 6 yr onwards)
 (Primary/Secondary/Ashram Schools /D.Ed /Junior, Senior, Technical Colleges)

(B)

Purpose of School Health Screening Kindly note this is a general health screening check up and final diagnosis will be done at MVPs Dr. Vasantrao Pawar Medical College Hospital, Adgaon, Nashik for referred students and may need further investigation. Above Health screening is compulsory for all MVP students.

Preliminary Particulars									
Name of School/College				Address of School		Date of Health check up			
K.S.K.W. College, Nashik				CIDCO		27/08/19			
Name of Child		Age (in yrs, mths)		Gender (M/F)		In charge Teacher		Class/Section	
Shivani Pabale		29 years		F				T.Y.B.A	
Name of Father/Guardian				Name of Mother				Contact No	
Bhagwant Pabale				Sulochana Pabale				770935916	
Weight (Kg)		Height (cm)		BMI (Wt in Kg/ Ht in m ²)		BMI Classification (Tick as appropriate)			
45		5.5"		18.7		Normal / Underweight / Obese			
BP (in mm Hg, Systolic)*		Tick As appropriate				Acuity of Vision (Snellen's chart)			
118/78		<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Pre HTN <input type="checkbox"/> Stage 1 HTN <input type="checkbox"/> Stage 2 HTN				Left Eye <input type="checkbox"/> 6ft Right Eye <input type="checkbox"/> 6ft			

*Blood Pressure (in mmHg) SBP (Systolic Blood Pressure) & Classify: Normal, Prehypertension, Stage 1 Hypertension (HTN) and Stage 2 HTN.
 (SBP > 120 - 129 mm of Hg is Prehypertension, 130 - 139 mm of Hg is Stage -1, > 140 mm of Hg is Stage -2)

Screening Tool

Code	A. Defects at Birth	Year	Year	Year	Year
A1	Look for any visible Defect at Birth in the Child viz Cleft Lip/Palate/Club foot/Down's syndrome/Cataract etc	If Yes Refer			
B. Deficiency					
B1	Severe anaemia- Look for severe palmar pallor				
B2	Vitamin A Deficiency - Ask for night blindness/look for Bitot's spot (white patches on sclera)				
B3	Vitamin D Deficiency - Look for Wrist Widening/Bowing of legs				
B4	Goitre - Any swelling in the neck region				
B5	Oedema of both feet				
C. Diseases					
C1	Convulsive Disorders - Did the child ever have had spells of unconsciousness and fits?	If Yes Refer			
C2	Otitis Media - Did the child have more than 3 episodes of ear discharge in last 1 year?				
C3	Dental Condition - Look for white demineralized/ brown tooth, Discolouration, cavitations, Swollen/bleeding/ red gums, Visible Plaque/stains				
C4	Skin Condition - Does the child c/o itching on skin (especially at night)? Look for round or oval scaly patches/pustules in finger webs. Any other lesion on the skin.				
C5	Rheumatic Heart Disease - Auscultate for Murmur				
C6	Others [Tuberculosis - cough > 2 weeks, Asthma - More than 3 Episodes of increased shortness of breath and difficult breathing and wheezing in past 6 months]				
D. Developmental Delays for 6-9 years only					
D1	Does the child have difficulty in seeing, either during day or night? (without spectacles) (V)	If Yes Refer			
D2	Compared with other children of his/her age, did the child have any delay in walking? (GM)				

1



Marath Vidya Prasarak Samaj, Nashik
School Health Screening cum Referral form (B)
 (Students 6 yr onwards)
 (Primary/Secondary/Ashram Schools /D.Ed /Junior, Senior, Technical Colleges)

Purpose of School Health Screening: Kindly note this is a general health screening check up and final diagnosis will be done at MVPs Dr. Vasant Rao Pawar Medical College Hospital, Adgaon, Nashik for referred students and may need further investigation. Above Health screening is compulsory for all MVP students.

Preliminary Particulars							
Name of School/College				Address of School		Date of Health check up	
K.S.K.W. College, CIDCO				CIDCO		27/08/2019	
Name of Child		Age (in yrs, mths)		Gender (M/F)		In charge Teacher	
Saylee Sali		19		F		Name: SYBCS	
Name of Father/Guardian		Name of Mother		Contact No:		Contact No	
		Neeta Sali				9922341304	
Weight (Kg)		Height (cm)		BMI (Wt in Kg/ Ht in mt ²)		BMI Classification (Tick as appropriate)	
48		150cm		21.42		Normal / Underweight / Obese	
BP (in mm Hg, Systolic)*		Tick As appropriate		Acuity of Vision (Snellen's chart)			
112/76		<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Pre HTN <input type="checkbox"/> Stage 1 HTN <input type="checkbox"/> Stage 2 HTN		Left Eye Right Eye Left Eye Right Eye 6ft 6ft 6ft 6ft			

*Blood Pressure (in mmHg). SBP (Systolic Blood Pressure) & Classify: Normal, Prehypertension, Stage 1 Hypertension (HTN) and Stage 2 HTN. (SBP > 120 - 129 mm of Hg is Prehypertension, 130 - 139 mm of Hg is Stage -1, > 140 mm of Hg is Stage -2)

Screening Tool

Code	A. Defects at Birth	Year	Year	Year	Year
A1	Look for any visible Defect at Birth in the Child viz Cleft Lip/Palate/Club foot/Down's syndrome/Cataract etc	If Yes Refer			
B. Deficiency					
B1	Severe anaemia- Look for severe palmar pallor	—			
B2	Vitamin A Deficiency - Ask for night blindness/look for Bitot's spot (white patches on sclera)	—			
B3	Vitamin D Deficiency - Look for Wrist Widening/Bowing of legs	—			
B4	Goitre - Any swelling in the neck region	—			
B5	Oedema of both feet	—			
C. Diseases					
C1	Convulsive Disorders - Did the child ever have had spells of unconsciousness and fits?	—			
C2	Otitis Media - Did the child have more than 3 episodes of ear discharge in last 1 year?	—			
C3	Dental Condition - Look for white demineralized/ brown tooth, Discolouration, cavitations, Swollen/bleeding/ red gums, Visible Plaque/stains	—			
C4	Skin Condition - Does the child c/o itching on skin (especially at night)? Look for round or oval scaly patches/pustules in finger webs. Any other lesion on the skin.	—			
C5	Rheumatic Heart Disease - Auscultate for Murmur	—			
C6	Others [Tuberculosis - cough > 2 weeks, Asthma - More than 3 Episodes of increased shortness of breath and difficult breathing and wheezing in past 6 months]	—			
D. Developmental Delays for 6-9 years only					
D1	Does the child have difficulty in seeing, either during day or night? (without spectacles) (V)	—			
D2	Compared with other children of his/her age, did the child have any delay in walking? (GM)	—			

Annexure 2

Specimen forms of Medical survey in Girnare Village

M.V.P. Samaj's
KARMVEER SANTARAMBAPU KONDAJI WAVARE
ARTS, SCIENCE & COMMERCE COLLEGE,
UTTAMANAGAR, CIDCO, NASHIK - 422008
FAMILY HEALTH SURVEY

A) GENERAL INFORMATION :-

1) Date of visit :- 05 Jan. 2020

2) Area and House Number :- Room No. 570, Rajvada.

3) Postal Address :- Girnare, Behind Roshni Hospital,
Tal. Nashik, Nashik

4) Name/s of the visitors/s :- More Vanita Dilip

5) Family information :-

i) Name, Age and Sex of the Head of the family :-
More Sanjay Dilip, Age-26, Sex-Male

ii) Religion and caste :- Hindu-Mahar

iii) Type of the family :- Nuclear family
Nuclear/ Joint/ Three Generations

iv) Ration Card: available ☒ Yes / No Colour of ration card: Yellow

v) Family Composition :-

Sr. No.	Name	Relationship with head of the family	Age -Yrs	Sex	Education	Occupation	Income per month Rs.
1	2	3	4	5	6	7	8
1.	Dilip Mohan More	Self	55	M	9 th	-	
2.	Shila Dilip More	Wife	40	F	8 th	Housewife	-
3.	Sanjay Dilip More	Son	26	M	12 th	Business	15000/-
4.	Vanita Dilip More	Daughter	20	F	P.Y.B.Com	Education	-
5.	Rohit Dilip More	Son	18	M	12 th	Education	-
6.							
7.							
8.							
9.							
10.							
11.							
12.							

1

- vi) Total Number of family members :- Five
 vii) Total family Income (from all sources):- (Rs. Per Month 15000 - 20,000/-
 viii) Per- Capita income per month Rs. 15,000/-
 ix) Average monthly expenditure Rs. 10000/-

B) ENVIRONMENTAL SANITATION :-

1) **Water :-**

i) Source :

- a) Public / Private : Private
 b) Tap/ Bore-well/ Well/ other (Specify) Tap
 c) Continuous / Intermittent :- Intermittent
 d) Distance from house In house
 e) If well-water :- Whether the well is sanitary/ non-sanitary
 :- Whether disinfection done? Yes / No
 :- If, yes by whom, at what interval
 and procedure used _____

ii) Storage :- Tank

- 2) Waste disposal : Thrown on road / Public bin / bin in house etc.
 _____ any Garbage heap around the house No
 3) Drainage : Nil / Open drainage / Closed drainage system/ Soakage pit etc. _____
 4) Cleanliness of Utensils :- Good / Poor
 Utensils cleaned by : - Ash / Washing Powder / Others liquid soap

	Drinking Water	Water used for other purpose
a) Containers used :-	<u>Pot,</u>	<u>Washing cloths, pots.</u>
b) Lid present Yes / No :-	<u>Yes</u>	
c) Cleanliness of vessels :-	<u>Yes</u>	
d) Method of drawing water :-		
e) Any contamination / sediments :-		
f) Any method of Disinfection :-	<u>NO</u>	
g) Any other (Specify)		

5) **Human Excreta Disposal: Latrine: Yes/No.**

i) If yes:

- a) Private / Public
 b) Service type/Non service type
 c) Used by Children/women/adult males / old people

d) If private latrine: Cleanliness- Good/Adequate/Poor

ii) If No, - Specify the further important details:-

iii) Practice of washing hand after defecation. (Yes/No)

6) Housing :-

i) Rented /own

ii) Kachha / Pakka

iii) Approximate floor area of house

iv) Number of rooms 04

v) Bathroom 01

vi) Washing the clothes In ground

vii) Smoke nuisance - In the kitchen/In the other rooms

7) Light & Ventilation

	Natural/ Artificial	Adequate/ inadequate	Sources /Methods
Light	Natural	Adequate	Sunrays -
Ventilation			

Ventilators : Present/Absent (Cross Natural ventilation)

8) Cattle /Poultry:- Yes/No

Cattle shed present:- Yes/No

If Yes, Specify further details accordingly

9) Pet animals /Birds (Specify details if any). ~~No~~ Yes, Cat

10) Insect (Mosquitoes/Flies / Cockroaches / Fleas/Ticks etc.) or Rodent nuisance inside or around the house. Mosquitoes

11) Stray animals (dogs/ pigs etc.) around the house. Dogs

** General comments about environmental sanitation of the house: Good/Satisfactory/Poor

C) SOCIO CULTURAL ASPECTS:-

1) Inter- relationships of family members with:

a) Each- other: Good

b) Neighbours:- Good

c) Relatives:- very Good

2) Any special religious tradition customs /festivals observed celebrated:- 14th April, Diwali

- 3) Any Other (Specify) Diwali, Sankrant, Dussehra
- D) KNOWLEDGE OF THE FAMILY MEMBERS ABOUT HEALTH:-
- 1) Attitude towards Immunization: Favourable/Not Favourable
Harmful/not effective / Do not know _____
- 2) Knowledge about personal hygiene- Satisfactory/not satisfactory
- 3) Knowledge about disease (communicable / Non-communicable)- Satisfactory/not satisfactory
- E) DIET, NUTRITION, FOOD HYGIENE, NUTRITIONAL BELIEFS:-
- 1) Veg/Non-veg/Mixed/Occasional/Non-veg diet. Mixed
- 2) Major (Staple) food items: Dal-Bhat, Bhakri
- 3) Use of seasonal fruits /Geminating pulses/Legumes/Green
Leafy vegetables /Tubers/any other (Specify). leafy vegetables, Banana, Apple, Dryfruits, etc.
- 4) Type of fuel used for cooking:- LPG
- 5) Practice of consuming stale foods:- NO
- 6) Habit of eating outside (Specify the frequency, type of foods and eating places etc.)
NO
- 7) Food items given to the children :- NO
- 9) Any other observations :- No children
- 10) Any person (infant, child, woman, adult male, old person) suffering from protein energy malnutrition (PEM) or any other Nutritional disorder ?
- If Yes, Give details :-
Yes, Self, suffering from paralysis
- ** General Remarks about the food hygiene, nutrition etc. of the family
The family cleanliness is satisfactory, good. Houses are clean, Neatly arrange.



M.V.P. Samaj's
KARMVEER SANTARAMBAPU KONDAJI WAVARE
ARTS, SCIENCE & COMMERCE COLLEGE,
UTTAMANAGAR, CIDCO, NASHIK - 422008
FAMILY HEALTH SURVEY

A) GENERAL INFORMATION :

- 1) Date of visit :- 5/11/20
- 2) Area and House Number :- shani chowk.
- 3) Postal Address :- shani chowk Dist Nashik
ginnar
- 4) Name/s of the visitors/s :- Singh Smislati Hemant.
- 5) Family information :-
 - i) Name, Age and Sex of the Head of the family :-
Salim Manumiva Maniyar. (Age 50) M.
 - ii) Religion and caste :- Casar. (Muslim) OBC.
 - iii) Type of the family :- Nuclear.
Nuclear/ Joint/ Three Generations
 - iv) Ration Card: available - Yes/No ☒ Yes ☐ No Colour of ration card: Orange
 - v) Family Composition :-

Sr. No.	Name	Relationship with head of the family	Age -Yrs	Sex	Education	Occupation	Income per month Rs.
1	2	3	4	5	6	7	8
1.	Salim maniyar	self	50	M	7th	Business	2,000
2.	Shakila maniyar	wife	45	F	8th	Housewife	
3.	Tashim maniyar	son	28	M	10th	Busine	2,000
4.	Atika maniyar	sunbaw	22	F	10th	Housewife	
5.	Kaife maniyar	grand son	2.5y.	M			
6.							
7.							
8.							
9.							
10.							
11.							
12.							

- vi) Total Number of family members :- 5
 vii) Total family Income (from all sources):- (Rs. Per Month 12000)
 viii) Per- Capita income per month Rs. 12000
 ix) Average monthly expenditure Rs. 12000

B) ENVIRONMENTAL SANITATION :-

1) **Water :-**

i) Source :

- a) Public / Private :
 b) Tap / Bore-well / Well/ other (Specify)
 c) Continuous / Intermittent
 d) Distance from house 100
 e) If well-water :- Whether the well is sanitary/ non-sanitary
 :- Whether disinfection done? Yes / No
 :- If, yes by whom, at what interval
 and procedure used _____

ii) Storage :- is not null

2) Waste disposal : Thrown on road / Public bin / bin in house etc.

Yes any Garbage heap around the house Yes

3) Drainage : Nil / Open-drainage / Closed drainage system/ Soakage pit etc. _____

4) Cleanliness of Utensils : - Good / Poor

Utensils cleaned by : - Ash / Washing Powder / Others Soap

	Drinking Water	Water used for other purpose
a) Containers used :-	<u>Yes</u>	<u>Yes</u>
b) Lid present Yes / No :-	<u>Yes</u>	<u>Yes</u>
c) Cleanliness of vessels :-	<u>Yes</u>	<u>Yes</u>
d) Method of drawing water :-	<u>Good</u>	
e) Any contamination / sediments :-	<u>No</u>	<u>No</u>
f) Any method of Disinfection :-	<u>Yes</u>	
g) Any other (Specify)	<u>here the water problem is come because it come in 2 days</u>	

5) Human Excreta Disposal: Latrine: Yes/No.

i) If yes:

- a) Private /Public
 b) Service type/Non service type
 c) Used by Children/women/adult males / old people

d) If private latrine: Cleanliness- Good/Adequate/Poor

ii) If No, - Specify the further important details:-

It latrine is good/well

iii) Practice of washing hand after defecation. (Yes/No)

6) Housing :-

i) Rented /own

ii) Kachha / Pakka

iii) Approximate floor area of house 4100sq.

iv) Number of rooms 7

v) Bathroom Yes.

vi) Washing the clothes Yes.

vii) Smoke nuisance - In the kitchen/In the other rooms NO.

7) Light & Ventilation

	Natural/ Artificial	Adequate/ inadequate	Sources /Methods
Light	<u>Natural</u>	<u>Adequate</u>	<u>sun</u>
Ventilation	<u>Artificial</u>	<u>Adequate</u>	<u>method.</u>

Ventilators : Present/Absent (Cross Natural ventilation)

8) Cattle /Poultry:- Yes/No

Cattle shed present:- Yes/No

If Yes, Specify further details accordingly this shop where he take a cow selling there is cattle present it effect them.

9) Pet animals /Birds (Specify details if any). it does effect any person

10) Insect (Mosquitoes/Flies / Cockroaches / Fleas/Ticks etc.) or

Rodent nuisance inside or around the house. it effect to children and his family

11) Stray animals (dogs/ pigs etc.) around the house. it does effect any person.

** General comments about environmental sanitation of the house: Good/Satisfactory/Poor

C) SOCIO CULTURAL ASPECTS:-

1) Inter- relationships of family members with:

a) Each- other:

b) Neighbours:-

c) Relatives:-

2) Any special religious tradition customs /festivals observed celebrated:-

3) Any Other (Specify) No it good

D) KNOWLEDGE OF THE FAMILY MEMBERS ABOUT HEALTH:-

1) Attitude towards Immunization: Favourable/Not Favourable

Harmful/not effective / Do not know

2) Knowledge about personal hygiene- Satisfactory/not satisfactory

3) Knowledge about disease (communicable / Non-communicable)- Satisfactory/not satisfactory

E) DIET, NUTRITION, FOOD HYGIENE, NUTRITIONAL BELIEFS:-

1) Veg/Non-veg/Mixed/Occasional/Non-veg diet.

2) Major (Staple) food items: It's. It can eat food with mixed. (veg non veg)

3) Use of seasonal fruits /Geminating pulses/Legumes/Green

Leafy vegetables /Tubers/any other (Specify).

4) Type of fuel used for cooking:- It's good.

5) Practice of consuming stale foods:- Yes.

6) Habit of eating outside (Specify the frequency, type of foods and eating places etc.)

type of foods it used it good.

7) Food items given to the children :- It's good to child it good.

9) Any other observations :- NO.

10) Any person (infant, child, woman, adult male, old person) suffering from protein energy malnutrition (PEM) or any other Nutritional disorder ?

If Yes, Give details :-

It's food/nutrient is good and good but
it has the effect with water problem. here

** General Remarks about the food hygiene, nutrition etc. of the family

the water come with noise in 2 days.